

WORLD ASTHMA DAY

http://www.eslHolidayLessons.com/05/world_asthma_day.html

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

THE READING / TAPESCRIPT

World Asthma Day takes place every year to raise awareness of asthma throughout the world. It is organized by the Global Initiative for Asthma (GINA). Many other healthcare groups pool resources to help GINA spread the word. All of these groups prepare leaflets and websites to highlight how millions of people suffer from asthma. Their aim is to provide all asthma sufferers with the treatment they need to control their condition. They particularly want to reduce the number of worldwide deaths caused by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a different focus each year.

Asthma is a very common disease throughout the world. It affects people's breathing by irritating the airways. These are the small tubes that carry air to and from the lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes breathing very uncomfortable and can cause death. People can have an "asthma attack" after breathing in things like cigarette smoke, perfume, dust or even moist air. Other triggers that can set off an attack are exercise and emotional stress. The symptoms include shortness of breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report that up to 25 per cent of children in urban areas suffer from the condition.

PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

- | | |
|--|-------------------------|
| 1. raise awareness of asthma | a. resources |
| 2. healthcare groups pool | b. treatment they need |
| 3. provide all asthma sufferers with the | c. each year |
| 4. reduce the number of worldwide deaths | d. asthma research |
| 5. raise money for | e. caused by asthma |
| 6. There is a different focus | f. throughout the world |

Paragraph 2

- | | |
|-------------------------------------|---------------------------|
| 1. a very common disease | a. of breath |
| 2. It affects people's breathing by | b. from the condition |
| 3. small tubes that carry air to | c. off an attack |
| 4. Other triggers that can set | d. throughout the world |
| 5. symptoms include shortness | e. and from the lungs |
| 6. children in urban areas suffer | f. irritating the airways |

LISTENING GAP FILL

World Asthma Day takes place _____ awareness of asthma throughout the world. It is organized by the Global Initiative for Asthma (GINA). Many other healthcare _____ to help GINA spread the word. All of these groups prepare leaflets and websites to _____ of people suffer from asthma. Their aim is to provide all asthma sufferers with the treatment they need to control their condition. They _____ reduce the number of worldwide deaths caused by asthma. The different groups _____ the world to raise money for asthma research. World Asthma Day started in 1998. There _____ each year.

Asthma is a very common disease _____. It affects people's breathing by irritating the airways. These are the small tubes _____ from the lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes breathing very uncomfortable _____. People can have an "asthma attack" after breathing in things like cigarette smoke, perfume, _____ air. Other triggers that can set off an attack are exercise and emotional stress. The symptoms include _____, chest tightness and coughing. Asthma is increasing in cities. Health officials report that up to 25 per cent of children _____ from the condition.

WHILE READING / LISTENING GAP FILL

Put the words into the gaps in the text.

World Asthma Day takes place every year to _____ awareness of asthma throughout the world. It is organized by the Global Initiative for Asthma (GINA). Many other healthcare groups _____ resources to help GINA _____ the word. All of these groups prepare _____ and websites to highlight how millions of people suffer from asthma. Their aim is to provide all asthma sufferers with the treatment they need to _____ their condition. They particularly want to reduce the _____ of worldwide deaths _____ by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a different _____ each year.

spread

caused

control

focus

raise

pool

leaflets

number

Asthma is a very _____ disease throughout the world. It affects people's breathing by irritating the airways. These are the small tubes that _____ air to and from the lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes _____ very uncomfortable and can cause death. People can have an "asthma attack" after breathing in _____ like cigarette smoke, perfume, dust or even moist air. Other triggers that can _____ off an attack are exercise and emotional stress. The symptoms include shortness of breath, chest _____ and coughing. Asthma is _____ in cities. Health officials report that up to 25 per cent of children in _____ areas suffer from the condition.

set

things

increasing

urban

common

carry

tightness

breathing

CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

World Asthma Day takes place every year to *rise / raise* awareness of asthma throughout the world. It is *organization / organized* by the Global Initiative for Asthma (GINA). Many other healthcare groups *pool / puddle* resources to help GINA spread the *word / world*. All of these groups prepare leaflets and websites to highlight how millions of people suffer from asthma. Their aim is to *provision / provide* all asthma sufferers with the treatment they need to control their condition. They particularly want to reduce the *numeral / number* of worldwide deaths caused *at / by* asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a *different / difference* focus each year.

Asthma is a very common disease *thought / throughout* the world. It affects people's breathing by irritating the airways. These are the small *tubs / tubes* that carry air to and from the lungs. A number of things can happen that *because / cause* the airways to get smaller and become inflamed. This makes breathing very uncomfortable and can *cause / causes* death. People can have an "asthma attack" after breathing in things *liked / like* cigarette smoke, perfume, dust or even moist air. Other *triggers / trigger* that can set off an attack are exercise and emotional stress. The symptoms include shortness of *breathe / breath*, chest tightness and coughing. Asthma is increasing in cities. Health officials report that *along / up* to 25 per cent of children in urban areas suffer from the condition.

MULTIPLE CHOICE

World Asthma Day (1) _____ place every year to raise awareness of asthma throughout the world. It is organized (2) _____ the Global Initiative for Asthma (GINA). Many other healthcare groups pool resources to help GINA spread the word. All of (3) _____ groups prepare leaflets and websites to highlight how millions of people (4) _____ from asthma. Their aim is to provide all asthma sufferers with the treatment they need to control their condition. They particularly want to (5) _____ the number of worldwide deaths caused by asthma. The different groups hold activities throughout the world to raise money for asthma research. World Asthma Day started in 1998. There is a (6) _____ focus each year.

Asthma is a very common disease (7) _____ the world. It affects people's breathing by irritating the airways. These are the small (8) _____ that carry air to and from the lungs. A number of things can happen that cause the airways to (9) _____ smaller and become inflamed. This makes breathing very uncomfortable and can cause death. People can have an "asthma attack" after breathing in (10) _____ like cigarette smoke, perfume, dust or even moist air. Other triggers that can set off an attack are exercise and emotional (11) _____. The symptoms include shortness of breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report that (12) _____ to 25 per cent of children in urban areas suffer from the condition.

Put the correct words from this table into the article.

- | | | | | |
|-----|----------------|-----------------|------------------|-----------------|
| 1. | (a) makes | (b) does | (c) takes | (d) has |
| 2. | (a) of | (b) to | (c) up | (d) by |
| 3. | (a) this | (b) these | (c) they | (d) them |
| 4. | (a) suffer | (b) suffers | (c) suffering | (d) sufferer |
| 5. | (a) reduction | (b) reducing | (c) reduce | (d) reduces |
| 6. | (a) difference | (b) differ | (c) differed | (d) different |
| 7. | (a) throughout | (b) thought | (c) through | (d) thorough |
| 8. | (a) tubs | (b) tubby | (c) tubes | (d) tubas |
| 9. | (a) make | (b) get | (c) build | (d) come |
| 10. | (a) thing | (b) thingamajig | (c) thingy | (d) things |
| 11. | (a) stressed | (b) stress | (c) stressed out | (d) stress free |
| 12. | (a) up | (b) on | (c) along | (d) in |

SPELLING

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. rasie awareness
2. pool ecseurrso
3. millions of people feusrf from asthma
4. the teamternt they need
5. rdceeu the number of worldwide deaths
6. a different sfouc each year

Paragraph 2

7. a very mncomo disease
8. It aefcstf people's breathing
9. People can have an "shaatm attack"
10. tiosm air
11. The psmmtsyo include shortness of breath
12. children in anrbu areas suffer

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- () money for asthma research. World Asthma Day started in 1998. There is a different focus each year.
- () Asthma is a very common disease throughout the world. It affects people's
- () attack" after breathing in things like cigarette smoke, perfume, dust or even moist
- (**1**) World Asthma Day takes place every year to raise awareness of asthma throughout the world. It is organized
- () that up to 25 per cent of children in urban areas suffer from the condition.
- () include shortness of breath, chest tightness and coughing. Asthma is increasing in cities. Health officials report
- () lungs. A number of things can happen that cause the airways to get smaller and become inflamed. This makes
- () the word. All of these groups prepare leaflets and websites to highlight how millions of people suffer from asthma. Their aim
- () air. Other triggers that can set off an attack are exercise and emotional stress. The symptoms
- () is to provide all asthma sufferers with the treatment they need to control their condition. They particularly want to reduce
- () breathing by irritating the airways. These are the small tubes that carry air to and from the
- () the number of worldwide deaths caused by asthma. The different groups hold activities throughout the world to raise
- () breathing very uncomfortable and can cause death. People can have an "asthma
- () by the Global Initiative for Asthma (GINA). Many other healthcare groups pool resources to help GINA spread

SCRAMBLED SENTENCES

With a partner, put the words back into the correct order.

1. asthma the raise of throughout world awareness

2. to resources pool word the spread GINA help

3. people of millions asthma from suffer

4. deaths reduce the number of worldwide

5. research for raise asthma money

6. common very a is Asthma disease

7. carry the air lungs to tubes and that from

8. very makes uncomfortable breathing This

9. an off set can that triggers Other attack

10. children condition the from suffer areas urban in

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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THE WORLD ASTHMA DAY SURVEY

Write five questions about World Asthma Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

| | STUDENT 1 _____ | STUDENT 2 _____ | STUDENT 3 _____ |
|------|--------------------|--------------------|--------------------|
| Q.1. | | | |
| Q.2. | | | |
| Q.3. | | | |
| Q.4. | | | |
| Q.5. | | | |

Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about World Asthma Day. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about World Asthma Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. POSTER: Make your own poster about World Asthma Day. Write about will happen on this day around the world.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.